

Shopping List / Equipment list			
Goodies			Running
Block of Ice-cream & wafers			<i>Equip</i> <i>Household Alternative</i>
2 packs of jelly snakes			Red, Yellow, Green cones Circles cut from cereal box coloured red, yellow, green
Multi-pack of popcorn			Hola hoops Skipping Rope / Rope
Strawberries & dipping chocolate			Quoit Circles cut from Cardboard
Mi-Wadi (flavour of your choice)			Cones Paper plates
Blowing Bubbles			Bean Bags Rolled-up socks / Clean socks filled with rice
water pistols			NB: for the funny faces game, the children could make the faces, colour them in
Party bags			and cut them from cardboard. The pieces could then be mixed up in the playing
Paper / Plastic cups			area and players must make the face from this. It could add to the fun.
			Kicking
			<i>Equip</i> <i>Household Alternative</i>
			Football or any ball
			Cones Cans of beans, Cereal boxes, Toy boxes
			A4 Sheets & Twistables / Crayons
			Skittles used 2L Water bottles
			Throwing
			<i>Equip</i> <i>Household Alternative</i>
			Tennis Balls
			Small (Size 1) Balls
			skittles / Cones Used 2L bottles
			cones Toy cars, teddies, books standing on their edge
			Balancing
			<i>Equip</i> <i>Household Alternative</i>
			Skipping rope
			Ground Chalk

			Anything from the toy room, Kitchen or Garage for the Obstacle course
			Landing
			<i>Equip</i> <i>Household Alternative</i>
			cones water bottles
			agility poles Brush / Mop
			Hola Hoop / Skipping rope
			Elastic bands
			Traditional School Sports
			<i>Equip</i> <i>Household Alternative</i>
			Desert spoons
			egg
			Black sack / turf bag
			Twister mat Coloured ground chalk / Coloured paper plates
			Ball teddy bear / Rolled up pair of socks